



Nature Connection for Families

Sunday mornings Nov 6 & Dec 11

WHAT? Facilitated workshops in beautiful bush locations close to Anglesea (Kuarka Dorla) in Wadawurrung and Eastern Marr Country.

WHO FOR? Tailored for both adults and children who enjoy rejuvenating and enlivening bush time and connecting with other nature-loving folks.

WHAT WILL WE DO? Nature connection, nature based play, bush arts and crafts, rewilding/bush skills, story sharing, mindfulness practices and spending time Acknowledging Country in a meaningful way.

COST PER SESSION

\$70 - \$100 per family group
 \$35 - \$60 for an individual adult
If this feels prohibitive to your participation please be in touch.

BYO lunch, water and all weather-gear. Come to 1 or both sessions. Same format with different activities.

MORE INFO + BOOKING

Visit www.liminallife.com.au for more information and **to book your place.** Contact Ali ~ alicia@liminallife.com.au



Wild Nature Gatherings will be co-facilitated by local parents Ali (Liminal Life) and Pru (Coming to Life) with help from Ollie and Andy. All are experienced facilitators and educators with over 65 years of combined experience working with both adults and young people in the fields of nature connection, bush playgroup, outdoor education, yoga and health + wellbeing.



We acknowledge that these gatherings will take place in the lands of the Wadawurrung and people of the Eastern Maar. We pay respects to their elders past and present.

